

# METHODS - PROCESSES OF CHANGE \_ PROGRAM

## LEGEND

- Coordination**
- Speech:** plenary sessions where participants present their work
- Experiential activities:** sessions where the experts involve the participants in experimenting practices and tools of their method
- Focus group:** brainstorming sessions in smaller groups and question time
- Additional activities:** off time and lateral activities for small groups or individual sessions that need to be booked on the notice board

## THURSDAY, 20TH OF MAY 2010

- 09:00**  Welcoming  
**Introduction to the workshop "Methods"**
- 10:00**  **Michelangelo Pistoletto**, Cittadellarte  
Path towards the Third Paradise.
- break**
- 11:30**  **Emilio Fantin**, artist  
Comune a tutti è sognare.
- 12:00**  **Daniela Uslenghi**, Hoffman Institute  
Hoffman Quadrinity Process.
- Question time**
- 12:30**  **Daniela Uslenghi**, Hoffman Institute  
Inner dialogue. Experience to connect with the four inner functions: emotional, intellectual, physical, spiritual ones.
- 13:30 lunch**
- 15:00**  **Max Rapkin**, osteopath  
A postural methodology.
- 15.30**  **Max Rapkin**, osteopath  
The language of the body. Muscle test.
- Question time**
- break**
- 16:30**  **Eliana Brizio**, Noosoma  
Grindberg method.
- 17:00**  **Christina Medina**, @tendance  
Mapping: fleeting encounters between the participants. Dance and movement experience.
- Question time**
- 17:45**  **Focus Groups**  
The natural and spontaneous aspect of transformation. The individual.
- 19:00 additional off time activities** *to be booked on the notice board*
- Eliana Brizio** - Learning from your physical symptoms. Foot analysis and touch session.
  - Emilio Fantin** -Comune a tutti è sognare. Dream telling: an experience of collecting synchronic dreams. *First session atelier.*
  - Rosanna d'Ambrosio** - Put your hands in the dough: bread making with "pasta madre", the original technique of leavening and much more.
- 20:30 dinner** SUD, SUD, SUD!  
**Rosanna d'Ambrosio** and the Cafeteria staff

# METHODS - PROCESSES OF CHANGE

FRIDAY, 21ST OF MAY 2010

- 08:30  **Emilio Fantin**, artist  
Comune a tutti è sognare. Dream telling: an experience of collecting synchronic dreams. *Second session atelier.*
- 09:00  **Marco de Barba** and **Nicola Marcon**, Caccadura  
Wild serigraphy happening. *All day long.*
-  **One to one meetings** to be indicated on the notice board
- 09:30  **Introduction to the works of the day**
- 10:00  **Luigi Zanzi**, University of Pavia  
The methodology of historical science.
- 10:30  **Fabio Pettirino**, anthropology researcher  
Maieutics culture.
- 11:00  **Chris Naylor**, Camden Town and Primrose Hill-Homes and Housing Strategy  
Make like you feel.
-  **Question time**
- break**
- 12:00  **Mary Jane Jacob**, The Art Institute of Chicago, Bauhaus University Weimar  
Awake: art, Buddhism and dimension of consciousness.
- 12:30  **Anne Bramford**, Engine Room, University of the Arts London Skype  
Workshop for young people on high art and cultural education.
-  **Question time**
- 13:30 lunch**
- 15:00  **Claudia Eipeldauer**, Wochenklausur  
Our method: using small-scale actions. Certain human living conditions do not necessarily have to be the way they are.
- 15:20  **Aliaa El Gready**, Gudran for art and development  
The empathic approach: respect and support. Art as a way for social transformation.
-  **Question time**
- 15:50  **Alessio Scurpa** and **Michelle Nebiolo**, wwambient  
Environmental media.
- 16:10  **Daniel Urrea**, Medellin Digital Skype  
Open school: technology for the people.
-  **Question time**
- break**
- 17:00  **Focus Groups**  
The natural and spontaneous aspect of transformation. Social systems.
- 18:00  **Christina Medina**, @tendance  
Mapping: fleeting encounters between the participants. Dance and movement experience.
-  **Max Rapkin**, osteopath  
The language of the body. Muscle test check.
- 19:00 additional off time activities** to be booked on the notice board
-  **Eliana Brizio** - Learning from your physical symptoms. Foot analysis and touch session.
-  **Rosanna d'Ambrosio** - Poor cooking from Southern Italy and Tuscany. Hand made pasta
- 20:30 dinner** Mani in pasta!  
**Rosanna d'Ambrosio** and the Cafeteria staff


# METHODS - PROCESSES OF CHANGE


## SATURDAY, 22ND OF MAY 2010


- 08:30  **Emilio Fantin**, artist  
Comune a tutti è sognare. Dream telling: an experience of collecting synchronic dreams.
- 09:00  **One to one meetings** *to be indicated on the notice board*
- 10:00**  **Introduction to the works of the day**
- 10:20  **Maria Rosa Jijon**, Cetoj - Flaco  
Photo, video and music production to create and transform the self image and the understanding of diversity.
- 10:50  **Stefano Collizzolli**, Zalab  
Participatory video.
- 11:10  **Stefano Schiavo**, Lago spa  
Lean production.
-  **Question time**  
**break**
- 12:00  **Marco Lampugnani**, Snark - space making  
Snark, design process development.
- 12:20  **Maria Zanchi**, Publink  
RCA a new public service.
-  **Question time**
- 13:30 lunch**
- 15:00**  **Belén Hermida Rodriguez**, EPS - Universidad CEU San Pablo Madrid  
Concept plays.
- 15:20  **Belén Hermida Rodriguez**, EPS - Universidad CEU San Pablo Madrid  
Concept plays, performative experience.
-  **Question time**
- 16:00  **Timothée Guicherd**, LabforCulture, European Cultural Foundation  
Converging pathways to new knowledge.
- 16:30  **Emanuele Quintarelli**, Open Knowledge Skype  
Enterprise 2.0 user centred co-design methodology.
-  **Question time**  
**break**
- 17:30  **Focus Groups**  
Strong points and criticisms of co-planning.
- 18:30  **Christina Medina**, @tendance  
Mapping: fleeting encounters between the participants. Dance and movement experience.
- 19:00 additional off time activities** *to be booked on the notice board*
-  **Eliana Brizio** - Learning from your physical symptoms. Foot analysis and touch session.
-  **Stefano Collizzolli** - Participatory video experience.
-  **Stefano Schiavo** - Action learning.
- 20:30 dinner** Mediterranean open dinner  
**Erick Vedel, Rosanna d'Ambrosio** and the Cafeteria staff


# METHODS - PROCESSES OF CHANGE


## SUNDAY, 23RD OF MAY 2010

09:00  **One to one meetings** *to be indicated on the notice board*

10:00  **Introduction to the works of the day**


10:20  **Tiziana Monterisi**, N.O.V.A. Civitas  
Visit to the spaces and description of materials.

11:00  **Guido Ferilli**, IULM University Milan  
Cultural-lead local and regional development.

11:30  **Denise Rocca**, University of Arts London  
The use of evolution techniques to promote change in working practices and marketing policies for the arts.


 **Question time**

**break**


12:15  **Focus Groups**  
Sustainability of processes of change.

13:30 **lunch**


15:00  **Thomas Legl**, Euro TC  
Change needs innnovation - Flexibility in the therapy of dependencies.

15:30  **Michael Wenger**, Hoffman Institute  
Meditation as a means of transformation.


 **Question time**

16:10  **Michael Wenger**, Hoffman Institute  
Attention exercises.

**break**

17:10  **Emilio Fantin**, artist  
Comune a tutti è sognare. Results of the activities.


17:30  **Max Rapkin**, osteopath  
Diafram work.

17:45  **Focus Groups**  
Elements, approaches and tools that facilitate the methabolization of change.

19:00 **additional off time activities** *to be booked on the notice board*

 **Eliana Brizio** - Learning from your physical symptoms. Foot analysis and touch session.

 **Stefano Collizzolli** - Participatory video experience.


 **Thomas Legl** - Psycho drama.

20:30 **dinner** A cena con l'oste!  
**Grazia, Jacopo** and **Maurizio Rossi** from La Villetta

23:00  **Roberto Vajo** and **Dan Solo**, DJ music party "Different channel".

# METHODS - PROCESSES OF CHANGE

## MONDAY 24TH OF MAY 2010

09:00  **One to one meetings** *to be indicated on the notice board*


09:30  **Michael Wenger**, Attention exercises.

11:00  **Introduction to the works of the day**


11:30  **Focus groups**

Processes of change orientated towards a common good. Values, approaches, tools and result indicators.

**13:30 lunch**

15:00  **Belén Hermida Rodriguez**, EPS - Universidad CEU San Pablo Madrid  
Concept plays on processes of change orientated towards a common good.

**break**

16:00  **Erick Vedel**, Occitan food on the table: cooking atelier. *Lateral activity to be booked on the notice board*

16:00  **Maria Rosa Jijon**, Cetoj - Flaco

Participatory video plays on processes of change orientated towards a common good.

**break**

17:00  **Christina Medina**, @tendance

Dance plays on processes of change orientated towards a common good.

**break**

18:00  **Conclusions**  
Collective action.

**20:30 dinner** Essential Mediterranean  
**Erick Vedel** and the Cuisine Provencale atelier participants.